

Sweet 'N Spicy Nut Mix



Ingredients

1/2 lb raw cashews, 1/2 lb raw almonds and 1/2 lb pecans
2 T grape seed oil
1 T turbinado sugar or brown sugar
1/2 tsp cayenne powder
1 tsp sea salt
† tsp cinnamon
2 tsp dried thyme

Instructions

1. Toss all ingredients together in a mixing bowl. Lay flat on tray and roast at 350 degrees for about 10 mins. Let cool down and separate into mason jars. Store in refrigerator for freshness.