

Vegan Pina Colada Breakfast Smoothie



Ingredients

- 1/4 cup raw cashews, refrigerated and soaked for four hours or overnight
- 1 cup coconut water
- 1 banana
- 1 cup pineapple chunks, frozen if desired
- 1 cup ice
- 1 tablespoon coconut meat butter, such as Nutiva Coconut Manna

Instructions

1. Drain and rinse cashews. Puree cashews and coconut water in a blender until completely smooth, about 1 minute. Add banana, pineapple, ice, coconut meat butter and puree until smooth, about 45 seconds.